

Job Title: Shot Put Coach

Location: Anand Niketan & Dwarka

Employment Type: Part-Time

Reports To: Principal/Manager/Director

Job Overview:

Mount Carmel is seeking a knowledgeable and enthusiastic Shot Put Coach to join our athletics program. The ideal candidate will have experience in shot put techniques and coaching, with a strong focus on safety, skill development, and promoting sportsmanship. The coach will work closely with student-athletes to enhance their performance while fostering a positive, growth-oriented environment.

Responsibilities:

- Design and implement a comprehensive training plan tailored to shot put athletes at various skill levels.
- Focus on improving strength, technique, form, and mental preparation.
- Teach the fundamentals and advanced techniques of shot put, including proper grip, stance, spin, glide, and release.
- Emphasize safe and effective training methods to minimize injury risks.
- Monitor and assess each athlete's progress, providing constructive feedback for improvement.
- Develop individualized training plans based on athlete needs and goals.
- Prepare athletes for school-level, regional, and national competitions.
- Analyze performances, refine strategies, and foster a competitive mindset.
- Ensure adherence to all safety protocols during training and competitions.
- Supervise athletes during practices, meets, and related activities.
- Maintain records of athlete progress, attendance, and competition results.
- Coordinate with the athletics department regarding schedules, equipment, and event logistics.
- Promote values of discipline, resilience, and teamwork among athletes.
- Encourage a positive team culture that supports mutual respect and sportsmanship.

Qualifications and Requirements:

- Proven experience as a shot put coach or athlete, with a strong understanding of training techniques and competition standards.
- Certification in sports coaching or strength and conditioning (preferred but not mandatory).
- Strong communication, leadership, and organizational skills.
- Ability to motivate and inspire athletes to achieve their potential.
- Current first aid knowledge (or willingness to learn).
- Previous experience working with school-age athletes is highly desirable.

Additional Information:

- Schedule: Tuesday-Friday and any weekend commitments for competitions
- Compensation: Competitive salary, commensurate with experience and qualifications.

How to Apply:

Candidates interested in this position should submit their resume, a cover letter detailing their Shot Put experience and coaching philosophy, and any relevant certifications. Applications will be reviewed on a rolling basis until the position is filled.